

“ Most of us think of the future as something we prepare for, but have limited agency to shape.

Foresight challenges that way of thinking. It lets us *use the future to question our assumptions and make better choices today.* ”



SEAN DESCHAMPS
Partner
abd.works

SEAN DESCHAMPS
Partner
abd.works

Sean Deschamps is a Partner at abd.works.

He has led mission-critical change across finance, healthcare and manufacturing, focusing on the human systems behind the tools.

He works with large organizations to turn investments in technology, AI and, most importantly, their people into measurable business and client outcomes.

Sean combines foresight with practical experimentation to challenge assumptions, navigate uncertainty and strengthen organizations’ ability to thrive through disruptive change.

His work is grounded in end-to-end ownership, shared context and rapid feedback, helping teams solve their biggest challenges.

AGILITY IN THE 21ST CENTURY CONFERENCE
Presented in Partnership with **>abd.works_**
- WEEK OF THE FUTURES -
October 23, 2026

